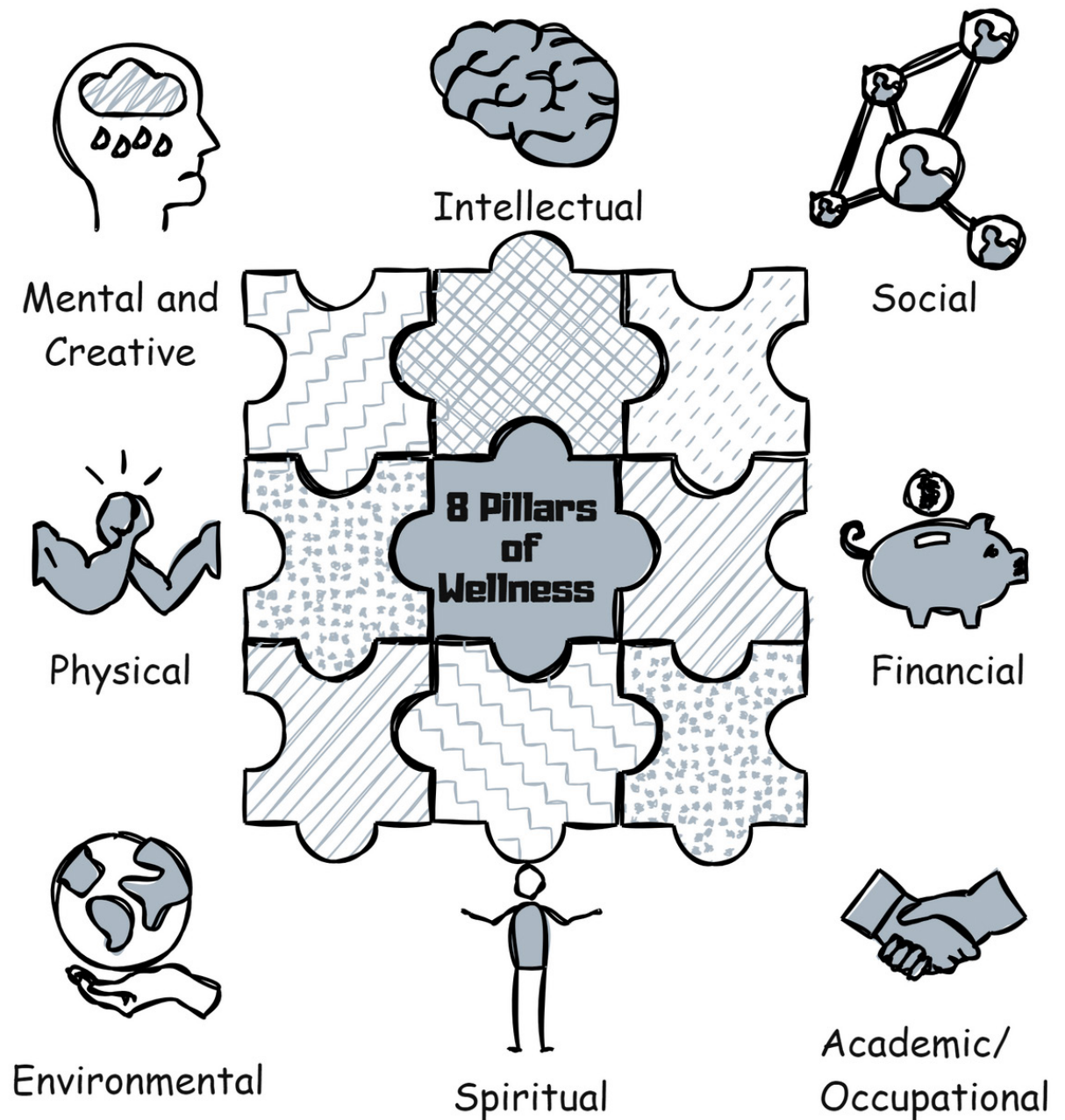


Chapter 6 / Growth Opportunity: Assessing the *Whole Patient*

In order to achieve patient valued outcomes we need to remember to keep the person in “person”alized care. This requires purposeful inclusion of all pillars of wellness across the full 24 hours experienced. When we simplify an assessment based only on a disease state, symptom or diagnosis we miss the opportunity to get the right care for the right person at the right time and end up being reactive instead of proactive.



Healthcare Partners Assessment Success

Do I feel comfortable and confident with a specific assessment right now? If not, what else is needed?

Did I provide a summary of my thought process that included the available information at this time and the examination findings and what my initial assessment is?

If I don't have a complete explanation right now, have I explained why and what other information is needed for better direction?

Have I discussed the next steps and why they are necessary (e.g., tests or treatments)?

When discussing treatments, have I shared what options exist and what my suggestions for treatment are based on right now?

Have I provided anticipatory guidance on time to treatment response, possible side effects, medication interactions, and reasons to immediately discontinue if a severe adverse event occurs?

Have I provided guidance on when and how to update me or my team and when and who to follow up with and if this can be in person or via telemedicine?

Have I introduced the role of other providers I work with and how they may interact with the patient as part of team-based care?

Are there additional resources for education, social support, or other assistance that I can connect the patient to? Encourage discussion if new or contradictory information is found.

Has the patient (and their support system) confirmed that they understand and feel comfortable with the information and the plan?

Patient Assessment Success

What's my diagnosis?

And what should I expect with this diagnosis?

Are further tests needed?

If so, what should I expect in terms of these tests and time to receive results, and how will this impact my care?

Are any alternative diagnoses possible?

Are there specific symptoms I should record or monitor for?

What treatment options are available?

With these treatments, which are best when also considering my personal status (such as age, gender, reproductive status, comorbidity, other medications).

Do I need to see a specialist or a specialized center?

If so, what recommendations do you have on who I should see, and in what time frame should I be seen?

What resources can you recommend for me to better understand diagnosis, testing, lived experiences shared by others, medications, or anything else I am not considering?

What information can you provide me today that I can share with my family and friends?

How does this impact my school or work function?

Should I have accommodations to support success?

How frequently should I follow up? With who? And in what method (chart message, in person visit, virtual visit or other)