

Chapter 8 / Growth Opportunity: Mapping Patient Progress

Progress Mapping Steps	Name It!	Expectations, Goals and Timelines
Starting Point/Destination	Specific disease or symptom targeted; desired outcome	personalized impact from disease or symptom
Choosing a Route	Options listed singularly or in combination	Pros and cons of each option; relevance to personalized impact, goals, other health or wellness factors
Being Proactive	Treatment specific benefits; personalized value or impact; team players involved; behavioral and lifestyle factors to consider or implement, roles and responsibilities; potential risks and likelihood based on unique person profile	Time to improvement and what that will look like; timing of possible side effects and how they may be experienced
Confirm Check In	Expected asynchronous and synchronous check ins; unexpected or unscheduled events	Specific times and types of interactions outlines; what should be monitored and communicated with each check in; what prompts an unexpected event and what actions should be taken

*Note: Progress maps can change over time. However, rationale for change should be communicated and understood by all involved as well as documented in the record for recall to best personalize future mapping.

